

CCF Hosts Health Fair

On Saturday 12th of March, Carrickfergus Community Forum hosted a health fair in Sunnylands Primary School (pictured below).

There were lots of health organisations there on the day and the Big Action Cancer bus was outside providing 22 ladies in the community with mammograms and 10 people with health checks.



**ISSUE 112
Apr 2016**

INSIDE THIS ISSUE

**PAGE 2
MEA COUNCIL
PARKS UPDATE**

**DISABILITY ACTION
AGE NO BARRIER**

**PAGE 3
EDUCATION
COMMUNITY
WORKSHOP**

**PAGE 4
UPDATE FROM
PAULINE
AND MEL**

**PAGE 5
FUNDING
INFORMATION**

**PAGE 6
BLS UPDATE
AIR CADETS
CARRICK ART CLUB**

**PAGE 7
PRINCES TRUST**

**PAGE 8
ADVICE NI
CCF CONTACTS**

Big Ideas at CCF's Social Enterprise Course

Throughout February and March, seventeen participants attended workshops over a period of 6 weeks. They also attended a best practice visit to a local social enterprise project and completed an OCN in community development. The group found the

Social Enterprise Qualification (SEQ) a useful and enjoyable 'hands on' course and now have the knowledge to set up a social enterprise activity, getting to try out business ideas in the real world.



Not on our email list? Contact Rachel at 02893 359777 or carrickcommunity@btconnect.com for regular ezines.

Mid and East Antrim Parks & Open Spaces Update



Woollen Woods will be returning again this year bigger and better at Whitehead Diamond Jubilee Wood. The grand opening is scheduled for Saturday 7th May and we will be having a number of craft workshops in the run up to the event. More information to follow.



For now, we are calling for woollen donations from any keen knitters out there. All donations received will be installed in the woodland for our grand opening event and will be on display all summer. Our theme this year is hedgehogs as our Woollen Woods grand opening falls within Hedgehog Awareness Week. Our hedgehogs are in decline and one of the main reasons is loss of habitat. We'd like to celebrate the fact that Diamond Jubilee Wood is a haven for hedgehogs, as well as many other birds, insects, frogs and mammals. And with that being said, although we

would love you to knit a hedgehog, we will also gladly accept bats, birds, flowers, and anything woodland themed... in the Woollen Woods the thing that matters most is your imagination!

**Please send your donations to: Lighthouse Yarns,
12 Edward Rd, Whitehead, Co. Antrim, BT38 9QB.
The deadline for donations is Friday 29th April 2016.**



Disability Action's Age No Barrier project is funded by the Big Lottery. Their main aim is to reduce social isolation among the over 65's in Northern Ireland by providing free, confidential and independent advice and help.

The project is supported by a number of Volunteer Peer Advocates who help to create and develop social groups amongst 65+ year olds in their local community. Pictured below are Volunteer Peer Advocates attending a project

update meeting.

If you want to know more about how the project can help you or your group please contact the team on the details below.



Telephone: 028 9029 7880 Textphone: 028 9029 7882
Email: agenobarrier@disabilityaction.org
Website: www.disabilityaction.org/agenobarrier



A community workshop has been planned with the focus on improving educational outcomes for Children and Young People within Carrickfergus

Tuesday 19th April 2016

6.00pm– 8.30pm (fork supper provided)

In YMCA, Carrickfergus

Guest Speakers:

Bushmills Learning Community

Greater Shankill Partnership

Results:

Extensive survey

Discussions:

Shaping the Future

Please register your attendance by contacting:

Gemma Lutton , CYPSP Programme Support Officer on 028 2563 6615

Email: gemma.lutton@northerntrust.hscni.net

Update from Pauline Brown Sunnylands Community Worker



It's been a busy month in Sunnylands but sadly our intergenerational project is now finished (pictured left). We had ten great weeks doing activities with the young and the not so young. Everybody had a ball learning new skills and some great friendships were made. I'm sure they'll all stay in touch!

Thank you for participating in the programmes for the last eight months!

CCF Support Shopmobility

Shopmobility contacted CCF recently as they couldn't get support or funding for a new shop sign in their Carrickfergus store. As a project the forum engaged with Pauline and young people from Sunnylands to make a sign. They got the materials and over a few weeks put together and painted the sign.

Pictured right with the new sign is Tom Reid from Shopmobility Carrickfergus, Janice Cherry CCF Coordinator and Jim Crothers, CCF Community Support.



Update from Mel Brown Greenisland Community Worker

March was a busy month in Greenisland! We had a **community clean up** to help tidy up the neighbourhood, a special Easter meal at the ever-growing **Luncheon Club** at Jubilee Hall supported by CCF, a very beneficial **First Aid** course and the popular **Orange and Green** course. Thank you for everyone who took part in the events over the last few weeks!



Luncheon Club Easter Meal



First Aid Course



Neighbourhood Clean Up

CCF Funding Bulletin

The **Garfield Weston Foundation** is one of the largest grant-making trusts in the UK supporting the broadest range of charitable purposes. The Foundation appreciates how challenging it is for charities to raise funds and aims to keep the process of applying uncomplicated with a one-stage application. They have two main streams of activity:

1. **Major Grants - £100,000 and above**
2. **Regular Grants - ranging from £1,000 - £99,999**

On average, approximately 1,500 charities across the UK benefit each year from grants made by the Foundation ranging from the smallest community and volunteer projects through to large national organisations. Their recent rounds of funding have helped projects in a range of categories.

Mindful of the challenging economic climate, the Foundation has continued to grow its donations (giving almost £55 million in the last year) and the Trustees are especially keen to see applications for core and project costs for charities delivering services directly to beneficiaries, especially in the welfare, youth and community fields, and also in regions of economic disadvantage. See www.garfieldweston.org for more information.



The **Community Relations Council's Core Funding** grant scheme contributes towards the salary and running costs of a number of organisations which are considered of strategic importance in promoting community relations or cultural diversity work in Northern Ireland. The Community Relations Council's (CRC) Core Funding Programme contributes towards the salary and running costs of organisations which are considered of strategic importance in promoting community relations work in Northern Ireland.

The organisations and the nature of work which have previously been supported by the Core Funding Programme are publicised in the Council's annual report which is available at www.nicrc.org.uk. Examples of these include peace and reconciliation centres; those involved in mediation and conflict transformation training; community arts; church based work on reconciliation themes and interface projects.

The Core Funding Programme has an annual budget of £1,345,650 and approximately 27 groups are funded each year, however this grant scheme is normally heavily oversubscribed and applications received often double this figure. The amount awarded normally ranges between £20,000 and £70,000 per annum (although there are some exceptions). Applications concerned with working in a single identity context may be considered provided that there is a clear programme of work addressing community relations objectives.

The Core Funding Programme is designed to support voluntary and community organisations to develop community relations work, in a strategic manner, on a regional basis. Support is specifically targeted at work to combat sectarianism in Northern Ireland on a strategic, long term basis. For more information, go to www.nicrc.org.uk



The **Trusthouse Charitable Foundation** a medium-sized grant making foundation giving grants to small, well-established organisations in the UK who address local issues in areas of extreme urban deprivation, or in remote and fragile rural communities. Trusthouse gives grants for running costs or one-off capital costs to charities and not-for-profit organisations in accordance with criteria that are regularly reviewed and decided by the Trustees including rural issues, urban deprivation, community support, disability and healthcare, art, education and heritage.

Grants Committee meetings are held four times a year. Please contact the office or refer to the website for the deadlines for submitting applications which is generally 2 months before the date of a meeting. To check if you are eligible and to download an application form visit the website:

www.trusthousecharitablefoundation.org.uk

IT'S THE START OF SAILING SEASON!

An Open Session is offered to anyone with a disability, along with family member or carer if required, to come along and try our range of boats as a taster session. Buoyancy aids are supplied so just wrap up warm and give it a go. If you have water-proofs all the better but we do have a small stock available as well. Belfast Lough Sailability has specialised vessels – both power and sail - and the equipment required for wheelchair users to access the boats.



With Belfast Lough and the picturesque harbour of Carrickfergus on our door step, Belfast Lough Sailability can offer people with disabilities 'on the water' activities – weather permitting of course.

Our large group of volunteers - some with disabilities - help us to provide this service and if you happen to have some sailing experience, or would like to become a volunteer, we would love to hear from you.

Wednesday 6 April 2016 at 7pm
The Cabin, at the gates of Carrickfergus Sailing Club, Carrickfergus.

For more information
Tel: 07528 176115. Email: belfastloughsailabilityni@gmail.com
www.belfastloughsailability.com

CELEBRATING SUCCESS

Cadets at 2062 (Carrickfergus) squadron Air Training Corps were recently recognised by their Officer Commanding for their hard work and commitment by promoting three of the squadron's cadets.

Congratulations to 2062's newly promoted cadets pictured right; Cadet Sergeant Luke Crymble, Cadet Corporal Rebecca Hadden and Cadet Corporal Martin Mullan.



Carrickfergus Art Club is holding it's Spring Art Exhibition at The Gallery, Civic centre, Antrim Street in Carrickfergus from Saturday 16th April to Saturday 30th April 2016. 95 pieces of original artwork will be on display in various styles and mediums.

Opening times are:

10am - 4.30pm on weekdays
10am - 3.30pm on Saturday 16th April and Saturday 23rd April
10am - 2pm on Saturday 30th April

Admission is free

Everyone welcome!

Prince's Trust Enterprise Programme



Who is the Enterprise Programme for?

Young people aged **18 to 30** who are unemployed or working less than 16 hours a week

How does it work?

The programme can offer **financial and mentoring support** to start a business or mentoring support to secure goals in employment, education or training.

Support options on offer:

- Business skills training and Business planning support;
- Test marketing grants of up to £250;
- Potential start-up loan funding up to £7,500;*
- In special circumstances grants up to £1,500;*
- Up to 2 years support from a volunteer business mentor;
- Access to specialist support, including our free legal helpline;
- For those who start a business, access to a wide range of free and discounted products/services.

*conditions apply

Information Session Dates –

April 6th at 11am

April 27th at 11am

May 25th at 11am

Prince's Trust, Unit 8 Weavers Court, Belfast, BT12 5GH

Training Courses start on Monday of the following week at the same venue and run till Thursday.

Course running time : 10am to 4pm

To register your interest please call 028 90895000 or text 0748 4071966
or email dearbhaile.heaney@princes-trust.org.uk

Want to get in touch about an event you are holding?

Contact us on
02893 359777 or
carrickcommunity@btconnect.com



Manage Your Money Better

Information Sessions For Older People

Do you organise or take part in an older person's group?

Would your group benefit from short sessions on money management?

Advice NI offers **FREE** money management information sessions for older people's groups across Northern Ireland.

For further information contact John Bradbury

T: 028 90 645919 or E: john@adviceni.net



Want to get in touch with the Forum?

MISKIMMON SUITE
OLD TOWN HALL
ANTRIM STREET
CARRICKFERGUS
BT38 7DG

TEL: 02893 359777

FAX: 02893 366606

www.carrickferguscommunityforum.co.uk

EMAIL ADDRESSES:

carrickcommunity@btconnect.com

lucysimms@btconnect.com

janicecherry@btconnect.com



Like our page
'Carrickfergus
Community Forum'



Follow us
@CarrickForum

Got something to say? We're Listening.

We would love to hear from you! If you would like to contribute to this newsletter or have an event you would like to advertise, please contact us at carrickcommunity@btconnect.com

**THE DEADLINE FOR SUBMISSION OF ARTICLES FOR THE MAY EDITION IS:
MONDAY 25TH APRIL 2016**

The views and opinions expressed in this newsletter do not necessarily reflect the views of the CCF Board of Directors and Staff.

THIS PROJECT IS FUNDED BY THE DEPARTMENT FOR SOCIAL DEVELOPMENT UNDER THE COMMUNITY INVESTMENT FUND PROGRAMME



Mid & East
Antrim
Borough Council



Department for
Social
Development
www.dsdni.gov.uk

Northern Ireland
Housing
Executive

RECOGNISED AS A CHARITY BY THE INLAND REVENUE XR29856