

ISSUE 56 JUNE 2011

WELCOME TO THE LATEST EDITION OF THE
CARRICKFERGUS COMMUNITY FORUM NEWSLETTER

CARRICKFERGUS COMMUNITY FORUM
WILL BE HOLDING THEIR
**ANNUAL GENERAL
MEETING**

ON
THURSDAY 23rd JUNE 2011 AT 7.30 pm
DOBBS ROOM CARRICKFERGUS TOWN
HALL
*GUEST SPEAKER: CLIFF KENNEDY DIRECTOR
OF OASIS CENTRE*

LIGHT SUPPER

EVERYONE WELCOME

INSIDE THIS
ISSUE

PAGE 2

GKYC RECIPE

PAGE 3

*COCA-COLA 125
YEAR THANK YOU
FUND*

PAGE 6 & 7

*CARRICKFERGUS
PAGEANT WEEKEND
10TH - 12TH JUNE*

PAGE 8

*NORTHERN IRELAND
ACTIVE COMMUNITIES*

Page 9

*MAN MATTERS
STORMONT*

Page 10 & 11

PSNI ROUND UP

GREENISLAND YOUTH CLUB

Greenisland Youth Club have produced a recipe book called "Recipes for a Healthier You" which was compiled by the members and staff at the Greenisland Knockagh Youth Centre who made and tested all the recipes. The project was funded by the NIHE Small Pockets of Deprivation Fund.

We will be printing recipes from the book each month in our newsletter

TOMATO RISOTTO

INGREDIENTS (SERVES 4)

675g / 1½ lb firm ripe tomatoes, preferably plum

50g / 2oz / 4tbsp butter

1 onion finely chopped

About 1.2 litres / 2 pints / 5 cups vegetable stock

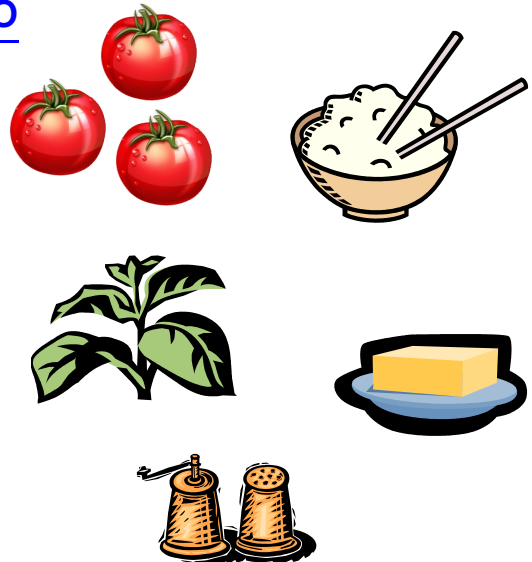
275g / 10oz / 1½ cups Arborio Rice

400g / 14oz can cannellini beans, drained

50g / 2oz Parmesan cheese, finely grated

Salt & Black pepper

10 - 12 Basil leaves, shredded, and shavings of Parmesan cheese to serve



METHOD

1. Halve the tomatoes and scoop out the seeds into a sieve placed over a bowl. Press the seeds with a spoon to extract all the juice. Set aside.
2. Grill the tomatoes skin - side up until the skins are blackened and blistered. Rub off the skins and dice the flesh.
3. Melt the butter in a large pan, add the onion and cook for 5 minutes until beginning to soften. Add the tomatoes, the reserved juice and seasoning, then cook stirring occasionally, for about 10 minutes
4. Meanwhile bring the vegetable stock to the boil in another pan
5. Add the rice to the tomatoes and stir to coat. Add a ladleful of stock and stir gently until absorbed. Repeat adding a ladleful of the stock and stir gently until absorbed. Repeat, adding a ladleful of stock at a time, until all the stock is absorbed and the rice is tender and creamy.
6. Stir in the cannellini beans and grated Parmesan and heat through for a few minutes
7. Just before serving the risotto, sprinkle each portion with shredded basil leaves and shavings of parmesan.

Coca-Cola celebrated its 125th anniversary on 8 May 2011. On that day, 125 years ago, the first Coca-Cola was sold in Atlanta, Georgia. As part of the celebratory events to mark this milestone the company has launched the Coca-Cola 125 Years Thank You Fund to benefit non-profit voluntary, community and charitable organisations across the island of Ireland.

The Coca-Cola 125 Years Thank You Fund has been developed and will be operated in partnership with NICVA and The Wheel in Dublin. It's been designed to support projects and initiatives that are having a positive impact on the quality of life of communities in Ireland.

A total of 15 grants will be made - ten of £8849 and five of £4,424.

The £110,000 will be granted to non-profit voluntary, community and charitable organisations to help support initiatives focused on the following areas:

- * Social and education programmes aimed at youth
- * Healthy and active lifestyles
- * Environmental leadership

In order to be eligible you must fulfil the following criteria:

Not for profit community, voluntary and charitable organisations must be classed under one or more of the following headings:

- * Charitable organisation with a registered charity number
- * Voluntary organisation working within the community
- * Not for profit community organisation
- * Local sports club e.g. GAA Club
- * A Foundation or a Trust

HOW TO APPLY

For more, including details of some of the other 125th anniversary celebrations, visit the website at coca-cola.ie.

The shortlist will then be open to a public vote which will be live from 1st September 2011. The public vote will account for 50 percent of the final decision and a vote by an expert judging panel will account for the remaining 50 per cent. The vote by the expert judging panel will take place in tandem with the public vote. The winners will be announced in October 2011. **Applications can be submitted up until midnight on 30th June 2011.**

COMMUNITY SUPPORT PROJECT

On the 18th June 2011 our community support officer Janice had the privilege of being invited to Dublin to watch the Queen laying a wreath at the Island Bridge War memorial garden. Janice said. "It was a wonderful and very emotional experience and a privilege to be present at this historical event."



DUBLIN TRIP

Recently the community support project arranged an overnight cross border trip with 25 people from the Borough in attendance. We were invited to the Manor House - the residence of the Mayor of Dublin and also visited Dublin castle, National museum of Ireland, Kilmainham Goal and had a few hours shopping.



CARRICKFERGUS YMCA NEW BUILDING CONSULTATION EVENT



BE A PART OF THE MAKEOVER!



MONDAY 13TH JUNE 2011 @6.00PM

CARRICKFERGUS YMCA 10 CHESTON STREET CARRICKFERGUS

Tel 028 93355890 / emma@carrickymca.org

women's aid

Antrim, Ballymena, Carrickfergus, Larne
and Newtownabbey

Elder Abuse Day

Health & Safety Information

Carrickfergus
District Policing
Partnership
Local people shaping local policing

Wednesday 15th June 2011
10.30am—12.30pm
Jubilee Hall Carrickfergus
EVERYONE WELCOME!
ADMISSION FREE!



*Have a
cuppa*



*Ask PSNI
a question*



*Get some
information
on health
matters*



*Relax
with a
massage*

*You could
win a
HAMPER*



Come and meet your local PSNI
Chat to the Housing Executive
Ask the DPP a question
Check about health issues
Relax and chat with friends

CARRICKFERGUS BOROUGH

Pageant Weekend **2011**

Friday 10 - Sunday 12 June

Cullen's Funfair

**Friday 3 June
- Sunday 12 June**

Venue: Harbour Car Park, Carrickfergus

Enjoy all the fun of the fair as Cullen's funfair and amusements return to coincide with the Pageant.

Carrickfergus Pageant Weekend

**Friday 10 June
- Sunday 12 June**

Venue: Castle Green, Harbour
& Town Centre, Carrickfergus

This colourful annual Pageant explores Carrickfergus' unique cultural history and features historical re-enactment, exhibitions, fireworks, family and live musical entertainment.

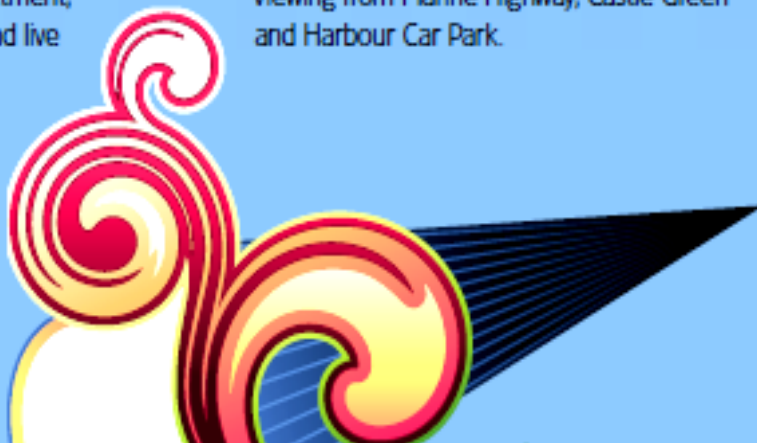
Waterfront Fireworks Display

Friday 10 June

Time: 10.40pm approximately
(weather dependent)

Venue: Albert Edward Pier, Carrickfergus

Come and enjoy the spectacular fireworks display fired from Albert Edward Pier with viewing from Marine Highway, Castle Green and Harbour Car Park.



Orange Historical Exhibition

Saturday 11 June

Time: 9am – 5pm

Venue: Carrickfergus Museum
& Civic Centre, Carrickfergus

An exhibition of the Loyal Orders will be on display including a large number of items of historical interest. Organised by Lagan Valley Orange Historical Society.

Schomberg Band

Saturday 11 June

Time: 11:15am – 12pm

Venue: Market Place, Carrickfergus

Don't miss the musical warm up to the main Pageant event!

Family Entertainment

Saturday 11 June

Time: 12pm – 4pm

Venue: Castle Green, Carrickfergus

Don't miss a broad range of family entertainment!

Re-Enactment of the Historical Landing of William

Saturday 11 June

Time: 12:15pm (landing at 12:30pm approx)

Venue: Quay Lane and Castle Green, Carrickfergus

This will take place and can be viewed from Quay Lane and Castle Green (weather permitting). Watch out for North Irish Dragoon's horsemen in period costume who will also be entertaining the crowds.

Immediately following the landing, the main parade will take place, weaving its way through Carrickfergus Town Centre along the route traditionally followed by William. The parade will return again at approximately 4pm.

Pageant Sunday

Sunday 12 June

Time: 2pm – 5pm

Venue: Castle Green, Carrickfergus

Come and enjoy the well-established Pageant Sunday entertainment on Castle Green with live music and many other attractions including falconry displays and 'have a go archery' courtesy of the Traditional Archery Society of Ireland, demonstrating at first hand some of the historical weaponry of the period.



SPORT NORTHERN IRELAND ACTIVE COMMUNITIES PROGRAMME

Eimear Hagan Carrickfergus Physical Activity Leader

Active Communities is a new Sport Northern Ireland funded programme that aims to increase participation in sport and physical activity by increasing the number of full time and part time coaches working with schools, clubs and community groups in the region.

In particular it will aim to increase participation amongst under represented groups including females, people with a disability and older people. My role as Carrickfergus Borough Council's Physical Activity Leader is to provide free sports sessions within the local community to the above identified groups.

For further information please contact me on:

Email: eimear.hagan@carrickfergus.org

Phone: **07525899078 / 028 9335 8000**



Carrickfergus Borough



FIGHT THE WINTER FUEL CUT



FACT - Last winter Northern Ireland faced the coldest December in over 100 years

FACT - During 2009/2010 there were 756 people aged 65+ who died of cold related illnesses in Northern Ireland

FACT - This year, the UK Government has decided to **cut the winter fuel payment** by £50 for people aged between 60 and 80, and by £100 for people aged over 80



Satellite image of Northern Ireland on 22 December 2010

Age Sector Platform believes that this is a shocking decision and that the Government needs to do more to help tackle the scandal of fuel poverty, not less. We have to send a clear message that the decision to reduce the help to older people in heating their homes is wrong and dangerous.

We need older people in Northern Ireland to make their voice heard on this critical matter and we ask you to support the campaign by signing our petition.

You can do this online or by signing a campaign postcard. To request a postcard or to find out more phone 028 9031 2089. To sign the petition online, visit www.fightfuelcut.org.

Long Gallery Stormont Thursday 16th June 2011 12.00 – 14.00

Being a father is one of the toughest but most rewarding jobs anyone can have. Every year, on the 3rd Sunday in June, Fathers Day is a time to celebrate that role. The Man Matters project is joining in the celebration of the Father role and at the same time raising awareness of the importance of fathers and how their role can be supported.

The Man Matters project is run by the Men's Health and Learning Partnership. The partnership is made up of five organisations: Home-Start, Parents Advice Centre, Ballynafeigh Community Development Association, Men's Health Forum in Ireland and is led by the Workers' Educational Association. The Partners share a common interest in fathers and run many training courses which extends their skills and knowledge

Diarmuid Moore, from the partnership, said, "*The event Celebrating the Father Role will give us a chance to hear from fathers, look at the latest research and explore what support is being offered by the project. It will also be a chance to highlight the father role to the new Assembly and other policy makers.*"

The keynote address will be given by **Professor Charlie Lewis** (Department of Psychology, Lancaster University) one of the foremost thinkers and writers on the father role who will outline the findings of latest research on the subject. <http://www.psych.lancs.ac.uk/people/CharlieLewis.html>

The event will also see the launch of the Fathers and Sons - Staying Connected programme a new package of training and support for those working with fathers. The programme will focus on fathers and sons relationships with particular emphasis on communication and promoting positive mental health. The course has been developed by Man Matters partner Parents Advice Centre and will run in the autumn.

If you would like to attend the event please book online www.wea-ni.com/book-online or ring Deborah Harris at the WEA (028) 9032 9718. **Deadline for booking is Wednesday 8th June.** Please note that is essential to pre book a place as you will need a personal invitation to gain access to Stormont.

***We believe that the father role includes not only biological fathers but others who take on that role in other circumstances including step fathers, older brothers, grandfathers etc**

CARRICKFERGUS PSNI POLICE ROUND-UP

On Monday the 2nd May police received a report of that a car parked in Woodlawn, Carrickfergus had been damaged sometime overnight.

On Tuesday the 3rd May police attended a report of a disturbance in Gortlane Dr, Greenisland. A 21 yr old male was arrested on suspicion of common assault. He was later released on bail to return to Antrim PSNI pending further enquiries.

On Wednesday the 4th May police attended Prospect Ave, Carrickfergus following a report of a male armed with a crossbow. A 71 yr old male was subsequently arrested on suspicion of aggravated assault and possession of an offensive weapon. He was later charged to Belfast Magistrates Court on the 31st May. As is usual procedure the charge will be reviewed by the PPS.

In the early hours of Saturday the 7th May in the Prospect area of Carrickfergus police arrested an 18yr male for dangerous driving and failing to stop for police. He was later released on bail to return to Antrim PSNI on the 24th July pending further enquiries.

Police are investigating an allegation of assault which occurred in the early hours of Saturday the 7th May in the Taylors Ave area of Carrickfergus. A 21yr old male stated he was attacked by two masked men wearing masks who beat him with sticks. He victim was treated for bruising and a puncture wound to his foot.

On Saturday the 7th May police attended a report of a disturbance at Cadiz Manor, Carrickfergus. A 22 yr old female was arrested on suspicion of three counts of aggravated assault. She was later released on bail to return to Antrim PSNI on the 19th May pending further enquiries.

Police are investigating an allegation of assault which occurred after a football match in Whitehead on Saturday the 7th May. A 21 yr old male alleges he was punched in the face twice. He attended hospital where he was treated for a broken nose and needed six stitches. Enquiries are ongoing.

In the early hours of Sunday 8th May police arrested a 33yr old male for driving with excess alcohol at Craig's Rd, Carrickfergus. He was later charged to appear at Belfast Magistrates Court on the 2nd June. As is usual procedure the charges will be reviewed by the PPS.

Anyone with information about any of these incidents is asked to contact Carrickfergus police on 0845 600 8000. Alternatively, information about crime can be passed anonymously to the Crimestoppers charity by calling 0800 555 111.

CARRICKFERGUS PSNI POLICE ROUND-UP

Police in Carrickfergus have published their annual crime statistics.

The latest figures reveal that overall crime rose slightly last year with 4 more crimes reported to police than in the previous financial year.

Area Commander Chief Inspector Paula Hilman said; "While there has been a very small increase in the number of people who found themselves victims of crime in Carrick last year I am extremely pleased to note that anti social behaviour fell by 19%, that's 397 fewer reported incidents. The associated crime of criminal damage also fell by 14.4%. People tell us time and again that anti social behaviour is one of the issues that matters most to them and these figures show that we are listening.

Police also made 33 drugs seizures last year with 28 arrests for drugs related offences, that's 15 more arrests than the previous year.

Disappointingly incidents of burglary increased however I am heartened by the progress we have made in increasing our detection rate for the offence, up 6.4% on the previous financial year.

Overall detection rates also rose last year by 2.7% to 24.7%. Local police work extremely hard to investigate all reported crimes on behalf of the victims and to make those involved amenable for their actions. We are intent on yet further increasing this rate over coming months.

We have committed in our latest Policing Plan to target a number of areas that local people have highlighted as important to them, including domestic burglary. Over the next 12 months we will work hard to deliver upon these promises as well as honouring our publicly stated Policing Commitments.

These clearly lay out our plans to provide the people of Carrickfergus with the personal, professional and protective policing service they deserve. I firmly believe that in doing so we will continue to build confidence in local policing and ultimately drive down crime. "

Full statistics can be viewed at http://www.psnipolice.uk/index/updates/updates_statistics.htm

MISKIMMON SUITE

OLD TOWN HALL

ANTRIM STREET

CARRICKFERGUS

BT38 7DG

TEL: 02893 359777

FAX: 02893 366606

www.carrickferguscommunityforum.co.uk

EMAIL ADDRESSES

lucysimms@btconnect.com

janicecherry@btconnect.com

billyashe@btconnect.com

carrickcommunity@btconnect.com

We would love to hear from anyone who wishes to contribute to this newsletter whether it is to advertise an event or just to submit an article about what you do.

If you would like to contribute to this newsletter or have an event you would like to advertise, please contact Lucy at the office.

THE DEADLINE FOR SUBMISSION OF ARTICLES FOR THE NEXT EDITION IS

WEDNESDAY 29TH JUNE 2011

The views and opinions expressed in this newsletter do not necessarily reflect the views of the CCF Committee and Staff.

THIS PROJECT IS FUNDED BY THE DEPARTMENT FOR SOCIAL DEVELOPMENT UNDER THE COMMUNITY INVESTMENT FUND PROGRAMME



Department for

**Social
Development**

www.dsdni.gov.uk

RECOGNISED AS A CHARITY BY THE INLAND REVENUE XR29856