

ISSUE 51 JANUARY 2011

## SOCIAL PARTNERSHIP PROGRAMME

You are invited to attend a  
MEDIATION TASTER SESSION

As part of the Social Partnership Programme that  
Mediation NI is running in Carrickfergus, we invite you to  
attend a Mediation Taster Session

**DATE: 27th JANUARY 2011**

**VENUE: CARRICKFERGUS COMMUNITY FORUM**

**TIME: 5:30 - 6:30 (FOOD) 6:30 - 9:30 SESSION**

This programme aims to support the capacity of people and  
local organisations to build peaceful cohesive communities  
across the council areas by using mediation to strengthen  
these social partnerships.

The programme will aim to develop:

- ◆ Positive dialogue processes on good relations and  
cohesion issues
- ◆ Training and support to grow and deliver local  
mediation and facilitation skills

Please contact Carrickfergus Community Forum on 02893  
359777 or email carrickcommunity@btconnect.com if you

wish to attend



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## GREENISLAND YOUTH CLUB

Greenisland Youth Club have produced a recipe book called "Recipes for a Healthier You" which was compiled by the members and staff at the Greenisland Knockagh Youth Centre who made and tested all the recipes. The project was funded by the NIHE Small Pockets of Deprivation Fund.

We will be printing recipes from the book each month in our newsletter

### SESAME CHICKEN PIECES AND VEGETABLE RICE

#### INGREDIENTS

*Serves 2*

2 small skinless chicken breasts cut into cubes

50g of breadcrumbs with 15g of sesame seeds and one teaspoon of mild chilli powder added and mixed thoroughly



#### FOR THE MARINADE

1 tablespoon of honey

The juice of a lime

1 teaspoon soy sauce

A pinch of chilli powder

1 clove of garlic, crushed



#### FOR THE RICE

180 g of brown rice thoroughly washed in cold water in a sieve

800mls of vegetable stock

Cooked vegetables such as peas, sweet corn and cubed pieces of green beans, pepper and carrot

*Cooks Tip: Chicken Stock can be used instead of vegetable for a different taste*



#### METHOD

- 1 Place the honey, lime juice, soy sauce, crushed garlic and chilli into a bowl and mix well, then add the chicken pieces and coat the mixture.
- 2 Leave to marinate in the fridge for at least 1 hour
- 3 Cook the rice in the vegetable stock, it will take about 30 minutes, drain, put the lid back on and let sit for 5 minutes then fluff with a fork and add the warm cooked vegetables
- 4 While the rice is cooking place the breadcrumb mixture onto a small tray or baking sheet. Remove the chicken pieces from the marinade and discard the remaining liquid if any
- 5 Toss the chicken pieces in the breadcrumb mix and place on a baking sheet and bake for about 8 minutes until cooked. Serve with vegetable rice.

## OVER 60'S ANNUAL CHRISTMAS LUNCH 2010

### OPEN DOOR CENTRE

Every year we are being asked to show our kindness and generosity to those who live around us, and every year, we find it increasingly more difficult to do so.

May I say that the local businesses in Carrickfergus have stepped up to the mark once again and proved that the community spirit still reigns supreme, and that the above statement can be proved wrong.

For nearly fifteen years now the local traders have shown that they care for the elderly by providing all the food stuffs free of charge, which then enables us to make a wonderful Christmas lunch for approximately thirty five pensioners.

Carrickfergus Community Church operates a café called The Café Rose which opens daily in Bridewell Drive, to serve good, low cost meals to all.

Over the years we have built up sound relationships with the elderly who come into Café Rose for companionship, a laugh, help and prayer when needed. This is where the annual Christmas lunch is held.

May I take this opportunity of acknowledging the kindness of the following traders for their generosity.

Tescos, N.I.Co –Op, African Children's Mission, Sixmilevalley Potatoes, Country Cakes, Sunnylands Meat Centre, Sainsbury's Stores and Marks & Spencers.

Our afternoon was beautifully rounded off with Carol singing from Ulidia Integrated School and I take this opportunity of thanking the teachers and pupils for giving up their time and busy schedules to come.

All in all a good time was had by all. The cooks went home tired, the servers went home to put their feet up, but we all went home happy & blessed.

God Bless you all at this wonderful time of year.

Sandra Clarke

## UCIT OPEN FOR BUSINESS .....WHATEVER THE WEATHER!

*In an uncertain economic climate, UCIT continues to provide affordable loans and support to community organisations, charities and social enterprises.*

As a charity, UCIT loans are flexible, affordable and have no fees attached.

UCIT provides loans for:

- buildings and equipment,
- working capital,
- bridging funding gaps
- restructuring of existing debt.

All profits generated are recycled for reinvestment into the social enterprise sector.

Recent loans awarded, include those made to Bryson Charitable Group, Friends of Lissan Trust, Coleraine Rural and Urban Network, Lisburn Community Self Build and Lagan Legacy.

For further information, contact our offices on Tel: 02890315003 or visit our website:

[www.ucitltd.com](http://www.ucitltd.com)

Ulster Community Investment Trust Ltd (UCIT)

13-19 Linenhall st

Belfast

BT2 8AA



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### OPERATION LIPSTICK

'Operation Lipstick' is a ladies only 1 day challenge event to raise funds for TinyLife, the premature baby charity for Northern Ireland.

Incorporating activities such as orienteering, climbing wall, raft building and racing, this GI Jane style event is suitable for ladies of all ages and abilities and an excellent team building opportunity.

Saturday 26 March 2011 in Castlewellan Forest Park, Castlewellan.

Teams of 6 - entry fee of £10 per person and raise a minimum of £100 each in sponsorship.

**If you think you have what it takes, email [valerie@tinylife.org.uk](mailto:valerie@tinylife.org.uk) or telephone: 028 9081 5050.**

## GATEWAY'S NEW PRESIDENT 2010

### New President Elected: Trevor Monteith

After the sudden death our president Madge Wright MBE in March 2008 we as a club were devastated as Madge was the main driving force behind the club. Not only did gateway lose a President but we lost a lifelong friend. Gateway continued to battle on after this shock and at our AGM 2008. It was felt by the chairman (Trevor Monteith) that the honorary president post should be left vacant this year in memory of Madge, he also felt that no one could replace her. The committee agreed and this was the case up until our 2010 AGM



meeting. Trevor again said that he felt there was no one who could step into Madge's shoes and the committee meeting ended.

*Pictured are Sandra Crowe, Trevor Monteith (gateway president) Thomas Haighton (club leader) Hubert Redmond*

After that meeting a few people talked about why no one had proposed that Trevor become president, after all he has been in the club for over 30 years. I spoke to a number of people regarding this and it was obvious after talking to allot of people that Trevor should have been nominated at that meeting. After speaking to our present Chairman (John Devine) our secretary (Rosland Hart) the volunteers and most importantly our members we felt that we had to speak to Trevor and ask him if he would take the post as Honorary President as we felt he deserved it, to our delight he agreed.

Trevor has done over and above his duties in all the posts he has held within the club and continues to be our longest standing volunteer.

I would like to firstly thank Trevor for accepting the role he now has and secondly for the on-going support he has giving both Gateway and myself during my role as leader.

*Good Luck!*

*Thomas Haighton Gateway Club*

## SOCIAL INVESTMENT FUND AND SOCIAL PROTECTION FUND PROPOSED

In the Northern Ireland Executive draft budget for 2011-2015 the Executive proposes two new funds named the Social Investment Fund and the Social Protection Fund.

### **Social Investment Fund**

"The Executive remains committed to tackling the problem of disadvantage within Northern Ireland. This disadvantage is most acute in those interface communities where the problems are many and complex. To address these problems the Executive has proposed the establishment of a fund of £20 million per annum which will be administered by OF-MDFM."

### **Social Protection Fund**

"In addition to the Social Investment Fund, the Executive proposes a Social Protection Fund that will assist those most in need within our wider community. This Fund will have an initial allocation of £20 million in 2011-12. Resourcing in the following years will come from the additional revenue streams identified by Ministers coming into operation and delivering new resources for deployment."

The full budget document is available from:

<http://www.northernireland.gov.uk/index/budget2010.htm> and consultation is open until 9 February 2011.



**OVER 60? MAKE YOUR VOICE HEARD!**



**The Northern Ireland Pensioners Parliament is coming to a town or city near you during 2011, and the organisers of the event are encouraging local older people to become involved.**

Age Sector Platform, which represents around 200,000 older people across the province, will be launching the very first Northern Ireland Pensioners Parliament this year. A series of 'Local Parliaments' are planned for March and April and in the lead up to these older people are encouraged to fill in a short questionnaire to ensure their view is recorded. The questionnaire will take no longer than five minutes to complete with the main question asking 'What are the main problems facing older people today?'.

**If you would like to attend your local Parliament or would like to fill in a questionnaire, please visit [www.pensionersparliament.org](http://www.pensionersparliament.org) or phone**

**028 9031 2089.**

## PEOPLES MILLIONS 2011

The People's Millions 2011 competition has opened for projects across the UK to put in their bids to receive up to £60,000 from the Big Lottery Fund (BIG).

It is the seventh year of The People's Millions competition, which is a partnership between the Big Lottery Fund and ITV and provides funding to communities to help them improve facilities or get more enjoyment from their local area.

In June 2011 ITV regional news will feature two great project ideas in each region each night for three nights, competing for viewers' phone votes. At stake is up to £60,000 from the Big Lottery Fund.

To have a chance of winning you'll need to inspire local people to get involved with your project. It'll also need to capture the public's imagination and persuade them to vote for you with the projects being more about inspiring people rather than focusing on buildings and the environment.

Projects in Northern Ireland may wish to commemorate the Queen's Diamond Jubilee through this programme.

There is £3.6 million to give out and they expect to make four awards in each ITV region.

Organisations have until **12 noon on Friday 4 February 2011** to enter the competition.

Entry packs for The People's Millions are available by visiting [www.peoplesmillions.org.uk](http://www.peoplesmillions.org.uk).

## 'UNEARTHING THE THEOLOGICAL ROOTS OF SECTARIANISM'

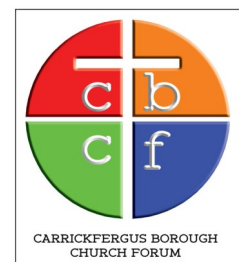
A six session course from Wed 2nd March to Wed 13th April 2011 (excluding 23rd March (7-30pm until 9-30pm )

Venue: Coast Road Hotel, Carrickfergus.

Course fee: £20 (Unwaged £10) For booking Tel: 07815 081 714 or

Email: [carrickferguschurchforum@hotmail.co.uk](mailto:carrickferguschurchforum@hotmail.co.uk)

Course Facilitators: Johnston McMaster and Kathy Higgins



This course will explore in depth the respective theologies which have had divisive and disastrous relational and political consequences. Consequences and not intentions make theologies sectarian.

The course will also explore faith expressions which can overcome sectarianism and identify local strategies to not allow it comfortable space to

sit within and between communities. All of this will take place in a relaxing environment, giving the opportunity to contribute, listen, discuss, learn from others and make new friends.

Cc248 15/1/11

In the early hours of Saturday the 15<sup>th</sup> of January police received a report of windows being smashed at a house in Patterson's Row.

Cc1115 15/1/11

On Friday the 15<sup>th</sup> of January at approximately 11pm. Police attended the scene of a road traffic collision at the junction of the Shore rd with Station rd, Greenisland, where a car left the road and collided into a garden wall. A 25yr old male was arrested at the scene for driving with excess alcohol. He was later released on unconditional bail to appear at Antrim PSNI station on the 25<sup>th</sup> of February, pending further enquiries.

Cc364 16/1/11

On the morning of Sunday the 16<sup>th</sup> of January police were called to the Barnmills area in relation to a drunk male. A short time later a 22yr old male was arrested for misuse of Telecommunication equipment and assault on police. He was later charged with these offences and released on conditional bail to appear at Belfast Magistrates Court on the 10<sup>th</sup> of February.

**Anyone with information about any of these incidents is asked to contact Carrickfergus police on 0845 600 8000. Alternatively, information about crime can be passed anonymously to the Crimestoppers charity by calling 0800 555 111.**

### **THE BOAT FACTORY BY DAN GORDON**

2nd of July 1045: world war 2 is in its final throes and the cold war is about to begin; Frank Sinatra and Gene Kelly star in 'Anchors Away' and in Belfast 's Harland & Wolff Titanic Shipyard, preparations are being made for a post war world

Regarded as the biggest and best there is there's a power station, docks, machine shops, engine works and saw mills. If you can dream it - they can build it! Painters, plumber, riveters, joiners, coppersmiths, fitters, burners, electricians, riggers and shipwrights: there were 67 different trades and nearly 200 acres of land; 1700 ships built between here and the Clyde and 35000 men employed at its height. THIS IS THEIR STORY

**PROPOSED DATE 17TH MARCH 2011**

**CONTACT: carrickcommunity@btconnect.com or**

**tel: 02893 359777 for more information**

## DON'T LET VANDALS WRECK SCHOOLS

Each year schools in this area are spending much needed money repairing or replacing damage or stolen property - the result of burglary & vandalism. This is diverting funding from school projects

- ◆ Do you live near or overlooking a school?
- ◆ Do you walk or drive past a school?

If the answer is yes - you can help! Take a few seconds to look at the school:

- ◆ **WHO IS THERE?**
- ◆ **WHY ARE THEY THERE?**
- ◆ **WHAT ARE THEY DOING?**

If you see anything unusual or anyone acting suspiciously - perhaps someone on the school premises after school hours or during school holidays

**DO NOT DELAY**

**TELEPHONE 0245 6008000 AND ASK FOR YOUR LOCAL POLICE STATION  
IN AN EMERGENCY CALL 999 AND ASK FOR THE SERVICE YOU REQUIRE  
YOU CAN HELP YOUR LOCAL SCHOOL SAVE MONEY**

Schools have a limited budget. Valuable resources which should be used to educate our children are being diverted to combat burglary & vandalism

## THE NATIONAL LOTTERY AWARDS 2011



**Has your project been awarded and allocated Lottery funding?**

**Has it made a difference to people, places or communities?**

**If the answer to these questions is yes, then you can enter your project in this year's National Lottery Awards, the annual search to find the UK's favourite Lottery-funded projects and be in with a chance of winning £2,000.**

[www.lotterygoodcauses.org.uk/awards](http://www.lotterygoodcauses.org.uk/awards)

**YOU HAVE UNTIL 5PM ON FRIDAY 18 FEBRUARY TO ENTER – PLEASE VISIT  
[WWW.LOTTERYGOODCAUSES.ORG.UK/AWARDS](http://WWW.LOTTERYGOODCAUSES.ORG.UK/AWARDS) FOR MORE INFORMATION OR  
TO SUBMIT YOUR ENTRY**

## CARRICK YMCA WIN PHILIP LAWRENCE AWARD

### *SIR TREVOR McDONALD HONOURS LOCAL TEENAGERS*

Glenfield Teenagers from Carrickfergus YMCA have won a prestigious Philip Lawrence Award in recognition of their contribution to their community. Young people from the group were celebrating at an exclusive Gala at BAFTA, London, hosted by news reader Sir Trevor McDonald.

The Carrickfergus charity made up of 20 local teenagers, beat over 200 entries to become one of the eight national winners throughout the U.K., and is the only group from Northern Ireland amongst this year's winners.



The award, which included £1000 towards the charity, is designed to celebrate young people making a difference in today's society in honour of Head Teacher Philip Lawrence, killed outside his school in 1995. The entry from Carrickfergus YMCA was a documentary based on the history of the troubles – seen through the eyes of a teenager. The documentary focuses on the relationship between local loyalists and paramilitary groups, in the town's Glenfield Estate.

Carrickfergus YMCA Youth Leader Maurice Shearer comments: "We are absolutely delighted to have won this award, it is a testament to all young people in Northern Ireland and will hopefully be used as inspiration for many future generations of youth here in the province. Thanks must go to Hughes Insurance who has sponsored our YMCA Club for the past three years and has kindly donated money ensuring we could bring another 4 teenagers from the team involved in the project to the award ceremony."

The Carrick teenagers, starting in 2009, made the entire documentary themselves with the help from Studio-On (creative learning centre). The group scripted, storyboarded, shot, and directed this short film. To view the award winning documentary click the following link [http://www.youtube.com/watch?v=LsVRRgCtj\\_Y](http://www.youtube.com/watch?v=LsVRRgCtj_Y). To interview Maurice and the team please contact Katie Waddell on 028 90 246 722.

## BEACH LITTER – IT'S RUBBISH!

On Saturday a team of volunteers from Carrickfergus helped the Marine Conservation Society fight marine litter by taking part in a beach clean-up and litter survey event on the Marine Highway Shoreline. Litter can be extremely harmful to our wildlife when they mistake it for food or become tangled in it. Completed surveys will be sent back to the Marine Conservation Society allowing them to tackle marine litter at its source.

In total 984 items of litter were lifted, including 232 plastic bottles, 64 drinks cans and 67 pieces of polystyrene. Other interesting finds included a paint roller, a bottle of motorcycle oil, a pair of goggles, seven tablet packets, a tyre and a traffic cone! The Marine Conservation Society believes litter to come from four main sources: fishing, shipping, the public and sewage related debris (particularly cotton buds). Beach litter is continually washed ashore, making it a very difficult problem to eradicate – this is why the surveys are so important!

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## BROADCASTING APPEALS ON BBC NI

*Sharing stories, meeting needs, changing lives....*

Broadcast Appeals provide an opportunity for local charities to describe their work and make appeals for volunteers or funds. These short programmes are broadcast throughout the year on BBCNI and featured on their dedicated website – [www.bbc.co.uk/niappeals](http://www.bbc.co.uk/niappeals). All Broadcast Appeals are produced with technical and editorial support from the BBC. They reach a large and diverse audience and contribute to wider community awareness of issues and developments within the sector.

**Applications are now being invited** for upcoming Broadcast Appeal slots on local television and radio. These opportunities will be available from March 2011 onwards. Applicant organisations should operate, or provide benefits for people, on a region-wide basis and have good accountability arrangements in place. Applicants should also be able to demonstrate how they will use their Appeal opportunity and what they hope it might achieve. Broadcast Appeals are intended to reflect different types of charitable activity and support needs. They cannot be used for campaigning or lobbying purposes.

**Application forms and assessment criteria for Broadcast Appeal slots are available from Sarah Majury by telephone on 028 9033 8210 or by email: [sarah.majury@bbc.co.uk](mailto:sarah.majury@bbc.co.uk). Completed application forms should be submitted no later than Monday 24 January, 2011.**

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OLD TOWN HALL

ANTRIM STREET

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BT38 7DG

TEL: 02893 359777

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[www.carrickferguscommunityforum.co.uk](http://www.carrickferguscommunityforum.co.uk)

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**We would love to hear from anyone who wishes to contribute to this newsletter whether it is to advertise an event or just to submit an article about what you do.**

**If you would like to contribute to this newsletter or have an event you would like to advertise, please contact Lucy at the office.**

**THE DEADLINE FOR SUBMISSION OF ARTICLES FOR THE NEXT EDITION IS**

**MONDAY 24TH JANUARY 2011**

**The views and opinions expressed in this newsletter do not necessarily reflect the views of the CCF Committee and Staff.**

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[www.dsdni.gov.uk](http://www.dsdni.gov.uk)

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