

ISSUE 64 FEBRUARY 2012

**WELCOME TO THE FEBRUARY 2012 EDITION OF THE
CCF NEWSLETTER**

MATERNITY COVER

Our Finance Administrator, Lucy, will be finishing work to take maternity leave in the coming weeks and during her absence Ann Allen will be taking on Lucy's role.

Ann can be contacted at the office Monday to Thursday from 9.00am to 1.45pm and Friday 9.00am to 1.00pm on 028 9335 9777 or via email at annallencf@btconnect.com

We wish Lucy all the best and welcome Ann to the staff team.

During Lucy's absence Karen will be producing the Forum's Newsletter.

If you would like an article included in the Newsletter please forward it to carrickcommunity@btconnect.com or contact Karen on 028 9335 9777.

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CARRICKFERGUS COLLEGE
'Developing and Empowering Young People for Life'

CARRICK COLLEGE PTA

The Parent Teacher Association are having a

Night at the Races
on Saturday 4th February 2012
in the Carrickfergus Cricket Club
Tickets £2 and available at the door.

and a
Quiz night and Disco
on Friday the 29th March 2012



**Alzheimer's
Society**

Leading the
fight against
dementia

CHANGE LIVES THROUGH BEFRIENDING...

Volunteers required to make a positive difference to people living with Dementia in East Antrim.

Befriending volunteers offer companionship, support and social inclusion to individuals in the early stages of dementia and help individual's to maintain and develop their hobbies and interests.

If you are a caring, empathic and reliable person, passionate about making a real difference to people living with dementia we would love to hear from you. Volunteers will be required to commit to a few hours per week.

Interested? For an application pack or more details please contact:

Rosemary Wilson on 028 90664100 or Email rosemary.wilson@alzheimers.org.uk

LLOYDS TSB FOUNDATION FOR NI

Lloyds TSB Foundation for Northern Ireland would like to announce a call for applications for their International Grant Programme 2011.

Applications are welcome from organisations registered as charities in Northern Ireland who carry out work within disadvantaged communities overseas.

Organisations must choose which level of grant to apply for. Organisations which are small and provide localised support should apply for a small grant for a specific project, up to the level of **£5,000** for one year.

Organisations undertaking larger projects and where there is a wider benefit may apply for grants of up to **£10,000** for one year.

Further information is available on the Foundations' website;
www.lloydstsbfoundationni.org

Application packs and guidance on eligibility can be obtained by telephoning the Foundation on 028 9032 3000.

The closing date for applications is **Friday 26 August 2011 at 5pm**



CONTACT TRAINING DAYS

Contact Training Days Venue: Contact HQ

Ground Floor, Lanyon Building, North Derby Street, Belfast, BT15 3 HL

Training Days run promptly 9:30am-4:30pm with lunch provided

At Contact we provide outstanding regional services, built on our evidence based reputation for excellent client outcomes. We manage this standard every day with our simple, unrelenting focus on compassionate engagement. We value maturity, optimism, curiosity and a sense of humour at least as highly as the right qualifications and experience. Our training days programme reflects our commitment to clinical excellence, measured by client well-being and recovery, and we warmly invite you to join our learning community for the following key training days:

Thursday 23rd February

Self-Harm & Suicide Risk Assessment Training Day

Saturday 25th February 2012

Child & Vulnerable Adult Protection Training (1 Day)

Saturday 31st March 2012

Solution Focused Brief Therapy (1 Day)

Saturday 28th April 2012

Telephone Counselling (1 Day)

There is still a few spaces left on the OCN level two facilitators course anyone wishing to attend please contact me :

Venue Old Town Hall

Dates: 22nd 29th February 7th March 2012

Time 10.00am to 4.00pm

Janice Cherry, Community Development Officer—028 9335 9777



PAC REPORT A POSITIVE OUTCOME FOR SECTOR



NICVA's campaign for more proportionate and appropriate administration requirements in the sector's relationship with government took a massive leap forward last week with the publication of the report on *Creating Effective Partnerships between Government and the Voluntary and Community Sector* by the powerful Public Accounts Committee in the Northern Ireland Assembly.

The report follows on-going work with the Northern Ireland Audit Office, the Department for Social Development and the Public Accounts Committee which outlined the negative impact audit and monitoring requirements were having on organisations right across the sector. Commenting on the report's recommendations, NICVA Chief Executive Seamus McAleavey said:

"It's rare that we are in a position to welcome every recommendation in a report but the 11 recommendations from the PAC have the potential to deal with this issue once and for all and ensure money is spent on the service delivered rather than on overly bureaucratic reporting mechanisms."

Further commentary and analysis of the report is available at www.nicva.org/news/public-accounts-committee-report with links to the NI Assembly press release.

FIRST STEPS TO FUNDING – SEMINAR SERIES FOR OLDER PEOPLE'S GROUPS

'First Steps to Funding' are a series of training workshops facilitated by AgeNI in partnership with CFNI, and supported by Lloyds TSB Founda-



tion. 'First Steps to Funding' workshops are aimed at older people's groups who have little or no experience of making small grant applications for funding.

The workshop series will provide practical ideas and experiential situations to help overcome barriers and build capacity to enable groups to access funding support independently. The 3 part series will take participants through the small grant funding process from planning activities, sourcing funding, through to understanding applications.

For further information on 'First Steps to Funding' workshops in your area, please contact E-J Havlin AgeNI Development Manager, E: ej.havlin@ageni.org T: 07435968376



A Department for Social Development Scheme

FREE INSULATION AND HEATING FOR YOUR HOMES!!

If you own your own home or privately rent your home and receive any of the following benefits you could get **free** Cavity Wall Insulation, Loft Insulation and Hot Water Tank Jacket and for those who have Economy 7, Solid Fuel, LPG or no heating system at all may also be entitled to a new fully controlled oil/gas heating system as well as the insulation measures under the warm homes plus scheme.

Housing Benefit*
Income Support*
Income Related Employment & Support Allowance*
Income Based Job Seekers Allowance*
Pension Credit*
Child Tax Credit (Relevant income below £15,860)
Working Tax Credit*
Disability Living Allowance
Attendance Allowance

This is a fully funded scheme therefore is of no cost to homeowners, private tenants or landlords

The Scheme is open to all age groups

It could save you up to £300 per year on your energy bills by having your home insulated.

Call 0800 988 0559 or visit www.warm-homes.com to apply for the scheme today

* Warm Homes Plus

MISSION STATEMENT BELFAST LOUGH SAILABILITY IS ESTABLISHED FOR THE ENJOYMENT OF SAILING BY DISABLED PEOPLE. THIS INCLUDES LEARNING TO SAIL, RECREATION AND COMPETITION



Belfast Lough Sailability would like to acknowledge their volunteers who have recently received an award. Volunteers are vital in achieving the aims of the group.

In 2011 the following volunteers were acknowledged.

- Mark Boyd – Young volunteer of the year awarded by the Royal Yachting Association Northern Ireland
- Nicola Blythe – special commendation for services rendered to volunteering awarded by the Royal Yachting Association Northern Ireland.
- Owen Gilroy – Young volunteer awarded by the Lady Tavernier's' Trust.

Our group has also received the RTC rating (Recognised Training Centre status) along with Carrickfergus Marina who offer outstanding facilities for those with disabilities.

The Irish Paralympic team will be sailing out of Carrickfergus Marina for some 2012 pre-Olympic training using Belfast Lough Sailability specialised equipment with the excellent



sailing waters of Belfast Lough easily accessible.

Belfast Lough Sailability appreciates the support from the local community and offers its unique services to anyone with a disability. So once the weather warms up a little we will be opening our doors for the start of the 2012 sailing season around April 2012. However our volunteers are active all year round. If anyone would like to vol-

unteer or find out more information, please check out our website or contact us - details are set out below.

Address - Christine Harper,

Hon Sec, Belfast Lough Sailability, Carrickfergus Marina, 3 Quayside, Carrickfergus BT38 8BJ

Email – belfastloughsailabilityni@gmail.com

Bls mobile – 075 9968 9280 Website www.belfastloughsailability.com



Kennedy seeks views on Accessible Transport

Regional Development Minister Danny Kennedy is seeking your views on the fourth Accessible Transport Strategy Action Plan.

From 19 January until 12 April the public have the opportunity to express their views on how the action plan, over the next three years, will shape transport provision in Northern Ireland, especially for people who have difficulty using public transport.

The strategy was published in 2005 and has already resulted in the introduction of almost 900 new fully accessible buses, 23 new trains and a wide range of services for passengers who find using public transport difficult.

The Minister said: **“The transportation system in Northern Ireland has been radically transformed, especially for older people and people with disabilities, since the introduction of the Accessible Transport Strategy.**

“I am determined to build on this success and to help make our public transport network even more accessible.



“I would encourage groups and individuals to read the consultation and take the opportunity to have their say on how we can best improve the network for everyone.”

The Department for Regional Development will be holding a series of public consultation meetings in Belfast, Londonderry, and Omagh. Full details of the meetings along with copies of the consultation and more information can be obtained at <http://www.drdni.gov.uk/ats> or by telephone 028 9054 0580 or text phone on 028 9054 0642.

e. the affordability of accessible transport services.

DEPARTMENT OF HEALTH, SOCIAL SERVICES AND PUBLIC SAFETY



Department of
**Health, Social Services
and Public Safety**

www.dhsspsni.gov.uk

AN ROINN
Sláinte, Seirbhísí Sóisialta
agus Sábháilteachta Poiblí

MANNYSTRIE O
Poustie, Resydènter Heisin
an Fowk Siccar

Adult Drinking Patterns Survey in Northern Ireland 2011

A research report providing results from a survey of adult drinking in Northern Ireland has been published today.

The survey, conducted on behalf of the Department of Health, Social Services and Public Safety, examines the amount people drink, when, where and what they drink and who they drink with.

It also examines how drinking behaviours vary across different sections of the public, the proportion of people who binge drink, problem drinking, and perceptions of drinking.

Key Findings



To read more go to: http://www.dhsspsni.gov.uk/index/stats_research/stats-public-health/stats-drug-alcohol.htm

Age NI need your help to be a friend to an older person at risk of loneliness and isolation. Can you spare 2-4 hours per week to call into an older person's house for a chat or accompanying them to the hairdressers, bookies or hospital appointments?



The only criteria needed is friendliness and time. We welcome all volunteer friends especially women and men over 50.

Age will support you every step of the way, we provide necessary training, one to one support and out of pocket expenses. If you feel this is something you could do please contact:

Una Mulgrew t: 07435960543 e: befriending@ageni.org

BUILDING CHANGE TRUST

Building the capacity of the voluntary and community sector in Northern Ireland



Areas: Northern Ireland
Application open/close dates: 6 Nov 2008 to 31 Dec 2018
Minimum/Maximum Grants: N/A
Total available: £10m investment

Summary of the programme

On 5 November 2008 Big Lottery Fund announced details of the Building Change Trust - a multi-million pound investment to help develop and shape the future of Northern Ireland's community and voluntary sector.

The Building Change Trust will invest £10 million over the next 10 years to help community groups and larger voluntary organisations adapt and develop new ways of working.

The Trust will not make grants in a traditional way, but will look at what resources already exist in communities and identify ways to support communities to develop and change.

The following organisations are responsible for the delivery and operation of the Building Change Trust:

- The Community Foundation for NI
- Community Evaluation NI
- Rural Community Network
- Volunteer Development Agency
- Business in the Community NI

The Trust will identify detailed programmes that promote volunteering, develop the local community infrastructure and leadership skills in rural and urban communities. Part of the Trust will be invested to offer loans and advice to community and voluntary organisations. The Community Foundation will take responsibility for the day to day running of the Building Change Trust.

For further information contact:

Nigel McKinney, Trust Administrator, Building Change Trust, Community House, City Link Business Park, 6a Albert Street, Belfast BT12 4HQ

Email: nmckinney@communityfoundationni.org

Website: <http://www.buildingchangetrust.org/contact-us>

Telephone: 028 90245927

NI Youth Forum & O2 Think Big Small Grants Scheme

The Northern Ireland Youth Forum (NIYF) has teamed up with O2 and the National Youth Association to give out small grants to young people across Northern Ireland under the O2 Think Big Project.

Think Big from O2 gives money (up to £300 in grants) and support to young people to help them make a difference in their community. Young people are eligible to apply if:

- Their project is based in the UK
- They are between 13 - 25

Think Big will support ideas that:

- Can be made into realistic and achievable projects
- Will have a positive impact to people outside of the project team
- Will begin within three months and will take no longer than three months to complete.

Some example ideas could be :

Workshops; leaflets; websites; educational projects; films; drama; youth café; youth club; community clean ups; diversionary programmes; environmental; sports

The NIYF will listen to any of your ideas and help you to develop a project.

Rewards:

- Up to £300
- A mobile phone with £30 credit
- Access to online training and support from O2 helpers
- Chances to win concert tickets
- The opportunity to apply for Think Bigger, which provides up to £2,500 to take the project to the next level.

How to apply

Contact the NI Youth Forum and ask to speak with one of their participation team to find out more at any of the contact points below:

Address:

68 Berry Street, Belfast BT1 1FJ. Telephone: 028 9033 1990 E-mail: info@niyf.org

Website: www.niyf.org Facebook: <http://www.facebook.com/NIYouthForum>

Twitter: <http://twitter.com/#!/niyf79>

MISKIMMON SUITE

OLD TOWN HALL

ANTRIM STREET

CARRICKFERGUS

BT38 7DG

TEL: 02893 359777

FAX: 02893 366606

www.carrickferguscommunityforum.co.uk

EMAIL ADDRESSES

annallencf@btconnect.com

janicecherry@btconnect.com

billyashe@btconnect.com

carrickcommunity@btconnect.com

We would love to hear from anyone who wishes to contribute to this newsletter whether it is to advertise an event or just to submit an article about what you do.

If you would like to contribute to this newsletter or have an event you would like to advertise, please contact Karen at the office.

THE DEADLINE FOR SUBMISSION OF ARTICLES FOR THE NEXT EDITION IS

MONDAY 27TH FEBRUARY 2012

The views and opinions expressed in this newsletter do not necessarily reflect the views of the CCF Committee and Staff.

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Department for
**Social
Development**
www.dsdni.gov.uk



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IN PEOPLE**

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